

Chilly Duathlon Race Report, March 2008

Well it was chilly. Very chilly, very wet and very windy. However, the weather didnt stop a heap of determined athletes turning up to compete over the 2 mile, 10 mile, 2 mile course at the Castle Combe Race Circuit.

Driving rain greeted the duathletes as they lined up for the first leg 2 mile run, but once the starters whistle was blown, Phil Wylie blazed round the course to enter T1 in 9.35. Gary Hughes and Robert Bowles, both produced strong bike legs in tricky conditions, but Phil held a clear lead throughout the entire race and finished around 45 seconds ahead of his nearest rival.

Flora Duffy was the first female home in a time of 52.10, over a minute clear of the field and in 19th place overall. Junior Heffernan again won the M16-17 category and his time of 49.34, over three minutes slower than in November, illustrated just how difficult the conditions were.

It didnt stop DB Maxs Lee Rankin completing both the 10k at 9.30am in a time of 34.27, followed by the duathlon at 11am in 49.03. His total time of 1:23.30 won the Combo Challenge by around 13 minutes.

The dutchtub hot baths proved very popular in the winter conditions - the duathletes were able to finish their races, kick of their running shoes and just jump in. The event returns in November along with, hopefully, better weather, but if you fancy a duathlon in warmer weather, check out the DB Max Castle Combe Duathlon (5k, 20k, 3k) this coming August.